The Young Leaders Program, offered at Trinity College, the University of Melbourne, provides students aged between 14 and 17 the opportunity to broaden their outlook on learning and study, to be inspired, to increase their confidence, to practice leadership skills and to consider their future directions.

Each year more than 300 students from all around the world participate in this life-changing residential program. The opportunity to live on campus and participate in lectures and workshops at Trinity College and the University of Melbourne with other like-minded young leaders from around the world provides students a unique international experience.

EXPERIENCE LIFE AT AUSTRALIA’S NO.1 RANKED UNIVERSITY*

* THE TIMES HIGHER EDUCATION WORLD UNIVERSITY RANKINGS 2016–17

The Young Leaders Program (YLP) has been developing future leaders since 2001. The program encourages students to immerse themselves in the intellectually exciting and vigorous academic streams, created by our talented academics who are leaders in their various fields.

Leadership development is a keystone of the Young Leaders Program. Skills including critical and creative thinking, goal setting, self-direction, problem solving, communication and teamwork are built into all aspects of the program.

To encourage future success, students are taught the ability to negotiate and influence, as well as recognising the importance of community engagement, ethical responsibility and the consequences of decisions and actions.

Trinity College, the University of Melbourne, is an environment in which students who want to succeed can thrive. Students leave the programs feeling motivated, inspired and transformed. Key words the July 2016 students used to describe their experience included challenging, amazing, interesting but exhausting, more than I expected, new friendships and life changing.
ACADEMIC STREAMS

Our academic streams align with the University of Melbourne’s undergraduate degrees. They are designed to give students an idea of where their future studies might take them. Students have the opportunity to attend classes on the University of Melbourne campus, study with university lecturers and prepare for tertiary study.

ARTS

For those interested in studying a Bachelor of Arts Degree, this stream will give you a fascinating insight into the world of the humanities and social sciences. You will learn about the diverse world in which we live by exploring the psychology of being human and what makes you think and behave the way you do; the role of media and communications and how advertising impacts our everyday choices; develop a deeper understanding of the complexities of society and culture; gain insights into criminal behaviour, offender profiling and what makes the criminal mind work; and be introduced to a world of wonder and play through drama. Our innovative and highly interactive workshops are designed to inspire your passion in the arts and further develop key learning skills such as reflective and independent thinking, problem-solving, critical thinking and evidence-based decision making. This stream will leave you with connections, stories and a greater understanding of the diverse subject choices that are offered in a Bachelor of Arts Degree.

Declan Negus, July 2016
Sport Development & Management
Anhui Bengbu No. 1 Middle School, Bangkok

“The Young Leaders Program has more than exceeded my expectations in so many ways. Being a part of this Young Leaders family has taught me things I never would have dreamed of learning. And these experiences, concepts, and new ways of thinking, will shape and define me as a person. The people I have met and got to known, in just one week, have transcended my ideas of what human beings are capable of. They have inspired my way of seeing the world and the possibilities it holds.”
ACADEMIC STREAMS

PSYCHOLOGY: THE SCIENCE OF HUMAN BEHAVIOR (NEW)

This stream has been designed for students who are intrigued by human behaviour, fascinated by the human mind and have a particular interest in abnormal behaviour and mental illness. Adopting a scientific framework to understand what it means to be human, the biological, psychological and social influences that contribute to behavioural dysfunction will be investigated and a range of specific disorders discussed in terms of their causes, symptomatology, evidence-based treatments and cross cultural sensitivities. Historical considerations and changing perceptions of acceptable human behaviour will be explored as well as the implications of being diagnosed with a mental illness today. Highly interactive workshops will facilitate a greater understanding of the complexities of being human and involve visits to the Melbourne Museum, the Dax Centre, and the opportunity to participate in a tour of a historical lunatic asylum or home for the criminally insane. Guest speakers will include psychologists and individuals who have been diagnosed with a mental illness in order to provide a realistic, first hand and insightful experience into the impact of living with a mental illness.

COMMERCE

Interested in the world of business? Explore the fields of accounting, business, economics, finance, management and marketing. Be introduced to corporate social responsibility, civil and contract disputes and the developing area of green economics. This stream gives students an insight into life in the world of business with interactive workshops, activities and excursions to see business models in action.
Looking for the opportunity to be involved in exciting and stimulating drama workshops? In this fast-paced intensive course the emphasis will be on skill development and group-devised performance through drama, art, music and voice. We will challenge your creative expression and help you to bring text and characters to life through the application of voice, acting, and movement techniques. Participate in fun and engaging performance exercises, while learning how to develop and share your original ideas with others. The week will include workshop sessions by professionals from the creative and performing industries. Students also have the opportunity to attend a performance, theatres, galleries and be inspired by art installations and artists. Develop your confidence and spontaneity to give you the creative edge.

FINE ARTS

Want to learn how the voice works so you can develop vocal confidence and expression in a live setting? Have you an idea for a story but don’t know how to put it into words? The focus of this intensive will be practical, skill-based learning in verbal, written and imaginative communication workshops lead by industry experts from a range of creative and literary arts disciplines. Throw yourself into a world of storytelling through movement and voice workshops that are designed to support and inspire you at whatever stage you are at in your creative and English language development.

BIOMEDICINE

Explore the world of medicine and medical research including genetics, human physiology, human structure and function – discover what the Bachelor of Biomedicine is all about. Students will investigate the issues pertinent to our world today and look at the rapidly changing areas of genetics and bioethics. Students will perform dissections of an eye and kidney, and visit the renowned Anatomy Museum at the University of Melbourne.

Lotus Yu, July 2016
Biomedicine
Good Hope School (Secondary Section), Hong Kong

The learning experience is unique for everyone. For me, I think YLP’s energy level is always on its exponential growth, and this is what I appreciate deeply. The spirit, sincerity and sportsmanship carried by each and every virtual soul in YLP is the best treasure I’ve found. The stories behinds all the participants YLP shows me what life really means. Therefore, here is a challenge for you! Step out from your comfort zone, fill in the application and come for your hidden treasure!”
LEADERSHIP FOR SOCIAL JUSTICE

This stream develops leadership skills associated with grassroots movements for social justice, such as equality, democracy and transformation in young people. The stream tackles key issues in today’s society including sustainability, global poverty and human rights. With world-class leaders in social justice, hands-on excursions, workshops and discussion groups, students will discover how just one person can make a difference. Take an excursion to Parliament House and participate in a role-play debate to experience life as a political leader. This stream is a great foundation if you’re thinking about stepping into a leadership role at your school or beyond.

THE LAW AND JUSTICE

In this stream you will develop an understanding of legal, social and ethical issues in law and justice. Find out how the law affects our daily lives and how we interact with it. This stream covers the areas of corporate, civil and criminal law; dispute resolution and negotiation simulation; and juvenile justice and advocacy. Students will be exposed to case studies, meet professionals in the field, and take part in their very own practice moot court. For students interested in a career in law, this stream is the perfect introduction.

PERSONAL DEVELOPMENT FOR FUTURE LEADERS

This stream is designed to prepare young leaders for life. In today’s fast-paced, tech-driven, competitive and demanding world, young people need to be able to balance school, part-time work, family, friends, overseas trips and planning for the future. This program is designed to provide strategies on how to do this effectively. Furthermore, it is targeted at students who want to build leadership skills or are thinking of taking various leadership positions within their school community or future career life. During the week, students will take a challenging and rewarding journey that focuses on
building self-confidence and resilience, as well as, enhances their communication and public speaking skills. Students will also have the opportunity to explore self-motivation, accountability and being empathetic towards others. Through a variety of practical workshops and contact with experienced mentors, students will be asked to consider and explore, “Why do you want to be a leader? What makes an effective leader? What motivates you? How would you lead an effective team?” By the end of the week, students will have learnt tips, tools and tricks on how to set and create structured and achievable goals simultaneously acquiring leadership skills that they can utilise within their local community. Skills that can be used for life.

SCIENCE AND ENGINEERING

If you’re thinking about a Bachelor of Science, this stream gives you a taste of engineering majors – chemical and civil systems, electrical systems, mechanical systems, mathematics, statistics and physics. Take a look at how society is progressing in the world of technology and outer space, and discover the amazing innovations made in astronomy and engineering. Students will visit the Melbourne Museum, participate in a robotics workshop and make their own solar cells and rockets.

ENVIRONMENT AND SUSTAINABILITY: COASTAL DISCOVERY PROGRAM

For students who would like to learn about sustainability whilst exploring the beauty of the Victorian coastline, this stream is a great introduction. Students will travel to Waratah Bay, East Gippsland, before heading to Phillip Island to take part in a volunteer service-learning project. The concept of sustainable living is at the core of this program, allowing students to explore how we can minimise our impact through changing behavioural patterns to positively influence the natural environment. With sustainability as the fastest growing aspect of business and education in the 21st century – from commerce to engineering, law and teaching – having an understanding of the natural world will position you as a global leader in your field. This is a rare opportunity to experience the natural beauty of Australia, learn about the environment and experience a taste of an inspiring career in the industry.
STAYING AT TRINITY

Student welfare is a fundamental component of the Young Leaders Program. Students are in residence at Trinity College for the duration of YLP, or offsite during the Coastal Discovery Program. Rooms are twin-share where possible with common bathrooms. Male and female students are placed on separate floors. All meals are included and students with particular dietary needs can be catered for. Bedding, towels and blankets are provided, as are laundry facilities.

MENTORS AND STAFF

Students are supported, guided and encouraged during their stay at Trinity College by a team of amazing mentors. Our mentors are friendly, high-achieving university students who are specifically trained and stay on campus with the students for the duration of the program. Trinity staff reside on site for the program, and can be called on at any time for administrative, pastoral or welfare assistance.

LOCATION: MELBOURNE

Trinity College is located in Melbourne, the world’s most liveable city*. From its creative, exciting city centre, to its buzzing neighbourhood hubs, Melbourne is the gateway to Victoria’s spectacular coastline, peninsulas and alpine villages. For more information, please visit www.visitmelbourne.com.

* THE ECONOMIST INTELLIGENCE UNIT, 2016
DATES 2017

JULY WEEK 1: SUNDAY 2 JULY – SUNDAY 9 JULY 2017
- Arts
- Leadership for Social Justice
- Commerce
- English Intensive: Drama and Communication
- Science and Engineering

JULY WEEK 2: SUNDAY 9 JULY – SUNDAY 16 JULY 2017
- Fine Arts
- The Law and Justice
- Personal Development for Future Leaders
- Biomedicine
- Psychology: The Science of Human Behavior

DECEMBER WEEK 1: SUNDAY 26 NOVEMBER – SUNDAY 3 DECEMBER 2017
- Arts
- Leadership for Social Justice
- English Intensive: Drama and Communication
- Biomedicine

DECEMBER WEEK 2: SUNDAY 3 DECEMBER – SUNDAY 10 DECEMBER 2017
- Fine Arts
- The Law and Justice
- Science and Engineering

DECEMBER WEEK 3: SUNDAY 10 DECEMBER – SUNDAY 17 DECEMBER 2017
- Personal Development for Future Leaders
- Environment and Sustainability: Coastal Discovery Program
- Commerce

Please note: These dates include the date students are to arrive and depart.
DETAILS ABOUT THE APPLICATION

FEES

- One week – AUD $1850 per student
- Two weeks – AUD $3700 per student
- Three weeks – AUD $5270 per student (includes 5% discount)

Includes: Tuition, mentoring, meals, accommodation, academic, leadership and extracurricular activities, return airport transfers and other organised activities

Excludes: Flights, tourist visa, compulsory travel and medical insurance and spending money.

SECURITY & SUPERVISION

The College is a secure facility, protected by a 24-hour security service. All activities and excursions are fully supervised by trained staff.

AIRPORT TRANSFERS

Airport transfers are included in the cost of the program. Mentors will meet students at Melbourne Airport, so there is a friendly face to greet them from the moment that they arrive.

APPLICATION

Complete the July or December Application Form and attach all supporting documentation including a 300-word Personal Statement. Applications can be found at www.trinity.unimelb.edu.au/young_leaders.

Closing dates are 2 June 2017 (for the July program) and 27 October 2017 (for the December program).
TAILORED PROGRAMS

With the expertise developed in curriculum planning and design, we are able to coordinate and deliver personalised programs for local and international school and educational groups who still wish to experience the pathway to college and university life, but cannot attend the July or December Young Leaders Program. A tailored program can be residential or non-residential depending on date and availability, consisting of a combination of the Young Leaders Program academic streams or a customised program to suit your group.

For further information, please contact youngleaders@trinity.unimelb.edu.au

SCHOLARSHIPS

Trinity College offers a number of full (one week) scholarships for 2017. For Australian students we have a number of Regional Victoria, Indigenous, Low SES and Refugee scholarships available. For international students, scholarships are awarded to students who enter and are successful in the annual essay writing competitions conducted in various countries. For further information, please refer to the Young Leaders Program website at www.trinity.unimelb.edu.au/young_leaders.

James Tedesco, July 2015
Commerce
Copperfield College, Australia

"The Young Leaders Program is a life changing experience, one I treasure dearly. The vast variety of cultures and nationalities I was exposed to during the commerce stream facilitated a behemoth degree of personal growth and prosperity. The friends I gained have developed into invaluable international connections, as I am now able to share memories with many others of differing backgrounds. The mentors and surrounding students are extremely accommodating, they assist and encourage you to diverge from the norm and step out of your comfort zone, to become a leader, which I am truly grateful for. This program is inspiring and exceptional in accelerating the acquirement of the necessary skills to achieve and fulfil future personal and academic ambitions. The Young Leaders Program has been greatly significant in my life; reasoning my genuine recommendation to join the YLP family - a decision you will not regret."
Young Leaders Program
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