



**TRINITY COLLEGE**  
THE UNIVERSITY OF MELBOURNE

# Trinity College

## Young Leaders Program



2020

# WELCOME TO YOUNG LEADERS!

The Young Leaders Program (YLP), offered at Trinity College in Melbourne, has been developing future leaders since 2001. The program provides students the opportunity to live on campus at Trinity, the University of Melbourne's oldest residential college, and join lectures and workshops with other like-minded young leaders. Throughout YLP, participating students are guided and mentored by a team of university students.

YLP is a transformative experience for many students, who go on to describe the program as life-changing, inspiring and memorable. Some credit it as being one of the best weeks of their life.

YLP is designed to allow students to choose from academic streams that best suit their future career ambitions, with the opportunity to join the program for one or two weeks.



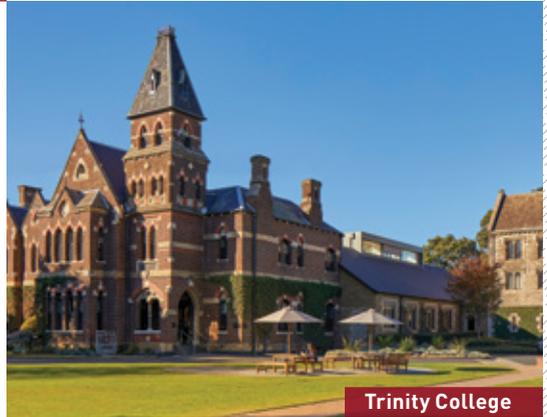
EXPERIENCE LIFE  
AT AUSTRALIA'S  
TOP-RATED  
UNIVERSITY\*

\* TIMES HIGHER EDUCATION WORLD UNIVERSITY RANKINGS 2019



## Academic streams

The academic streams of the Young Leaders Program align with the University of Melbourne's undergraduate degrees to give students valuable insight into what their future studies and career path might look like. Sometimes it can be difficult choosing what to study at university, so YLP provides the perfect taster for students trying to make big decisions about life beyond school.



Trinity College

## Performing and Creative Arts

This stream is ideal for students looking to develop skills and discover opportunities as a performer or artist. It will also let participants make connections with other young people who have a passion for the performing and creative arts. In this fast-paced intensive stream, the emphasis will be on skill development, and the creation of theatre, art and music in a caring and supportive environment. Students will participate in fun and engaging projects led by arts industry professionals, while learning about arts leadership and ways of developing and sharing original ideas with others. Melbourne is a vibrant cultural hub, so makes the perfect backdrop for this stream as participants visit the city's iconic theatres, galleries and arts precincts.



### Akon Chol, Australia

Biomedicine, July 2019  
Victoria University Secondary College

'YLP was fun and inspiring. It was a wonderful experience meeting new people from different nationalities. Also, it was a great chance to get insight into my career pathway, as I am interested in biomedicine and the program gave me strategies, skills and perspectives to strengthen my future career. Becoming a valedictorian was a great achievement for me. The new ideas that I learned will change my life. Thank you YLP.'



## Designing for the World You Want to Live In

This stream is tailored to students who want to design a future that ensures our cities are sustainable, resilient and liveable. It will explore what these terms mean and what design elements will be important for cities in the future. The stream will also consider how buildings can be designed so they are energy and water efficient and still pleasant to work in, the significance of parks in cities and their ideal features, and the kind of technology that will assist us to design a better world. These themes will be investigated through a mixture of interactive and innovative workshops and seminars, plus field trips to parks and gardens, energy efficient buildings, the University of Melbourne's School of Design, the Victorian College of the Arts and more.

## Science and Engineering

This stream is ideal for students thinking about studying a Bachelor of Science. The week will provide a taste of the exciting possibilities in the field of science, ranging from chemical and biomedical engineering, mechanical engineering, chemistry and physics. Students will look at how society is progressing in the advancement of solar cell technology and students will make solar cells from raspberry juice. As part of the stream, students will visit the Scienceworks museum, participate in a robotics workshop, and build and launch rockets.

### **Matthew Ku, Australia**

**Student YLP 2014; Mentor 2016-2019**

'Coming as a student to YLP was one of the seminal points of my life. As a student on the social justice stream in 2014, I learned about the responsibility we each hold to take care of each other and the world around us, and was empowered to go out into the world with a sense of determination and self-confidence. Through the profound connections I made with friends from diverse backgrounds, I broadened my cultural horizons and came to better understand my place in the world. Returning to the program as a mentor has been one of the most rewarding challenges I have undertaken so far. I encourage everyone considering to apply for what will be one of the greatest experiences of your life!'



## Biomedicine

This stream lets students explore the world of medicine and medical research including ethics, human physiology, human structure and function to find out what the Bachelor of Biomedicine is all about. Laboratory sessions will include dissections of an eye, brain and heart, as well as a hands-on session at the Royal College of Surgeons to learn about suturing and key-hole surgeries. Students will also visit the Harry Brookes Allen Museum of Anatomy and Pathology and immerse in a virtual reality workshop at the Department of Physiology at the University of Melbourne.





## Commerce

This stream is a great introduction for students hoping to pursue a degree and/or career in business or commerce. It will explore the fields of finance, economics, leadership, management and marketing. It will delve into the importance of teamwork in business and the development of effective business networks to give students an industry edge. These themes will be investigated through a mixture of interactive workshops, seminars and field trips to demonstrate the world of commerce.

## Arts

This stream provides a fascinating insight into the world of humanities and social sciences by exploring areas such as psychology, media and communications, criminology, philosophy, drama and environmental studies. Our innovative and highly interactive workshops and excursions are designed to encourage students to explore outside their comfort zone, inspire a passion for the arts and further develop key learning skills such as reflective, critical and independent thinking, problem solving and evidence-based decision making. This stream will leave students with lifelong connections and a greater understanding of the diverse subject choices offered through a Bachelor of Arts degree.

## Social Justice for Change

This stream is targeted at students who are passionate about creating a fair and just world for all people, irrespective of their differences. Students will explore the basic principles of human rights, which will set the scene for an examination of local and global issues affecting the world today, including youth homelessness, mental illness, disability, poverty and gender diversity. Interactive workshops and excursions will encourage exploration of ideas and strategies to bring about positive change at home and abroad, and will inspire students to become positive agents of change to make the world more sustainable, inclusive and equitable.

## Psychology

This stream is ideal for students who are intrigued by human behaviour, are fascinated by the human mind and have an interest in mental illness and psychological wellbeing. The major focus will be on factors that influence the onset and course of mental illness, as well as an exploration of the major disorders and their causes and treatments. The stream includes highly interactive workshops and excursions, including a visit to a historical lunatic asylum, use of VR technology to explore fears, and activities that build individual strengths. Students will also have the opportunity to learn from individuals who have recovered from a mental illness, providing valuable insight into the psychology of mental illness, recovery and wellbeing.



# Personal Development for Future Leaders

This stream is designed for students who want to build leadership skills to apply at school, in their future career, or in life in general. Through practical workshops led by professional practitioners, students will explore what it means to be a leader and how they might lead an effective team using different leadership styles. Students will embark on a challenging journey that builds self-confidence and enhances communication skills by working in small teams and preparing a leadership presentation to the group. Students have the opportunity to explore self-motivation, resilience and empathy towards others. They will also examine their own values and strengths and understand how to create their own personal branding to shape themselves and their future careers. By the end of the week, participants will have learnt tips, tools and tricks to help them work effectively in a group across a multitude of settings.



## Chloe Suarez , *Philippines*

Commerce, December 2018  
Singapore School Cebu



'It was my first time being so far from home, but I felt right at home attending YLP. My peers and the mentors were so kind and I also got to experience what commerce may look like at university. I was energised and inspired about how – despite where we came from – we could all come together and form a strong bond to last a lifetime. The experience made me even more confident that attending university overseas is for me and I cannot thank YLP enough for that!'





## Sam Mulcahy, USA

Biomedicine, July 2019  
St Louis University High School



'Although I was in a city I had never been to and in a country I had never stepped foot in, the welcoming people of Trinity College helped me feel right at home. Quickly, I made friends with participants and mentors who were from all over the world. If not for YLP, I would never have had the opportunity to meet these people, let alone learn about their cultures and who they are. In addition to meeting new brilliant people, I was also able to experience the city of Melbourne and the University of Melbourne in a way that a tourist never could. I am also grateful for the knowledge of experience that the mentors were able to give to us on our tours of the campus and the city. Overall, the Young Leaders Program has made a huge impact on my life, from giving me a vast network of friends all across the globe to deepening my love of trying and learning new things, and for that I can't thank YLP enough.'



# Discover Melbourne



One of the world's most liveable cities



Population of 4.5 million



State capital of Victoria



More than 100 languages spoken by Melbourne residents



More cafes and restaurants per number of people than anywhere in the world



Largest tramway system outside of Europe

# Staying at Trinity

Students reside at Trinity College for the duration of YLP. This is a condition of enrolment and is included in the course fee. All students stay in a Trinity College dorm room, sharing with one other student of the same gender and usually of the same age, but from another country. Males and females will be in separate buildings where possible, or on separate floors. Each floor is supervised by at least two mentors. Bedding, towels, blankets and laundry facilities are provided.

All meals are included and dietary needs can be catered for. Special meal requirements and existing medical conditions should be disclosed on the program application form.

Student welfare is of utmost importance throughout the entire program as we understand many students will be living away from home for the first time.

# Mentors and staff

All students are supported, guided and encouraged by a team of mentors during their stay at Trinity College. Our mentors are friendly, high-achieving university students who are specifically selected and trained for this role. Mentors stay on campus with the students for the duration of the program and are integral to all aspects of YLP. Trinity College staff also reside on site for the duration of the program and can be called on at any time for administrative, pastoral or welfare assistance.



**Sarah Bresnehan, Australia**

**Student YLP 2014; Mentor 2016-2019**

‘To say that the Young Leaders Program changed my perception on life is an understatement. My involvement began when I participated in the Biomedicine Stream in 2014 where I later returned as a mentor once I commenced my Biomedicine degree. Before entering this program, I felt unsure about what career I saw myself doing. The experience of lab dissections, visiting anatomy museums and being toured around world-leading research institutes helped me uncover my interest of the human body. I found this opportunity inimitable because I was alongside students from all over the world who also had a genuine interest in science and the friendships I made back in 2014 still resonate with me today. The Young Leaders Program inspired me to achieve my personal goals and has shaped me into a person I am proud to be.’



# DATES 2020

Students can sign up for a single week based on their preferred dates and subject choices or can undertake two weeks back-to-back.

Participants can choose one subject stream per week from the lists below.

INTAKE	DATE	STREAMS
<b>July Week 1</b>	Sunday 5 July – Sunday 12 July 2020	<ul style="list-style-type: none"><li>• Science and Engineering</li><li>• Commerce</li><li>• Designing for the World You Want to Live In</li><li>• Arts</li><li>• Social Justice for Change</li></ul>
<b>July Week 2</b>	Sunday 12 July – Sunday 19 July 2020	<ul style="list-style-type: none"><li>• Biomedicine</li><li>• Performing and Creative Arts</li><li>• Personal Development for Future Leaders</li><li>• Psychology</li></ul>
<b>December Week 1</b>	Sunday 29 November – Sunday 6 December 2020	<ul style="list-style-type: none"><li>• Performing and Creative Arts</li><li>• Personal Development for Future Leaders</li><li>• Psychology</li><li>• Science and Engineering</li></ul>
<b>December Week 2</b>	Sunday 6 December – Sunday 13 December 2020	<ul style="list-style-type: none"><li>• Arts</li><li>• Biomedicine</li><li>• Commerce</li><li>• Designing for the World You Want to Live In</li><li>• Social Justice for Change</li></ul>

*Please note these dates include the date students are to arrive and depart.*

# DETAILS

## Audience

YLP is for domestic and international students aged between 14 and 17 years inclusive.

## Fees

- One week – AUD \$1990 per student (including GST)
- Two weeks – AUD \$3980 per student (including GST)

**Inclusions:** academic tuition, mentoring, meals, accommodation, leadership and extracurricular activities, return airport transfers (Melbourne Tullamarine Airport) and other organised activities.

**Exclusions:** flights, tourist visas, compulsory travel and medical insurance and spending money.

## Security and supervision

Trinity College is a secure facility, protected by a 24-hour security service. All activities and excursions are fully supervised by trained staff.

## Airport transfers

Domestic and international airport transfers from Melbourne Airport (Tullamarine) are included in the cost of the program. On arrival at Melbourne Airport (Tullamarine), a YLP mentor will greet students. Students are contacted via email a couple of days before departure with the mentor's name, photo and instructions. Parents/guardians are notified via email when their child has been met at the airport and is on their way to the Trinity College campus.

## Scholarships

In 2020, Trinity College will offer a number of one-week (full and partial) scholarships for Australian students. Students may be able to apply for a scholarship if they are from regional Victoria, are Indigenous, come from a low socioeconomic background, or are a refugee. To ensure that as many students as possible are given the opportunity to participate in YLP only one scholarship will be awarded to an individual. For further information, please contact the YLP office at [youngleaders@trinity.unimelb.edu.au](mailto:youngleaders@trinity.unimelb.edu.au)

# Application

Complete the July or December application form and attach all supporting documentation. You must submit:

- a 300-word personal statement outlining why you want to undertake the program, why you have selected the stream/s that you are applying for and how you will apply what you learn
- a letter of support
- a copy of your passport.

Application forms can be found at

[trinity.unimelb.edu.au/young-leaders-program/apply-and-enrol](http://trinity.unimelb.edu.au/young-leaders-program/apply-and-enrol)

**Closing dates are 22 May 2020 for the July program and 16 October 2020 for the December program OR until each stream reaches capacity.**

## Tailored programs

Given our expertise in curriculum planning and design, we are able to coordinate and deliver personalised programs for local and international schools. These programs are suited to groups of school students who would like to experience the pathway to college and university life but cannot attend the July or December Young Leaders Program. Tailored programs can include the standard YLP academic streams or can be customised to suit your group.

Please contact [youngleaders@trinity.unimelb.edu.au](mailto:youngleaders@trinity.unimelb.edu.au) to find out more.



### **Bella Hall, Australia**

**Arts and Psychology, December 2017-2018**  
Toorak College



‘Being part of the YLP community is something I will always cherish and I am extremely grateful to have received the opportunity to take part in the program two years in a row. The course has helped me to expand my knowledge, awareness of the world and outlook on life, and to understand what my future has to offer. I know the friends I made will be friends for life and I can honestly say that spending another week at Trinity College was an experience of a lifetime and was completely different from my first YLP experience. Keeping in contact with the friends I made helped me realise how much I miss the program and how much I received from it, not only in terms of lessons and knowledge, but in knowing the kinds of people I want to surround myself with.’



For more information about the Young Leaders Program, including sample timetables, visit [trinity.unimelb.edu.au/young-leaders-program](https://trinity.unimelb.edu.au/young-leaders-program)

## Young Leaders Program

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 Trinity College Young Leaders

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