



TIME	SUNDAY 14 <sup>TH</sup> JULY	MONDAY 15 <sup>TH</sup> JULY	TUESDAY 16 <sup>TH</sup> JULY	WEDNESDAY 17 <sup>TH</sup> JULY	THURSDAY 18 <sup>TH</sup> JULY	FRIDAY 19 <sup>TH</sup> JULY	SATURDAY 20 <sup>TH</sup> JULY	SUNDAY 21 <sup>ST</sup> JULY	TIME
7.00 to 8.30am	<b>AIRPORT ARRIVALS</b>  Breakfast for students who arrive early	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	7.00 to 8.30am
8.30 to 8.45am		<b>ANNOUNCEMENTS</b>	<b>ANNOUNCEMENTS</b>	<b>ANNOUNCEMENTS</b>	<b>ANNOUNCEMENTS</b>	<b>ANNOUNCEMENTS</b>	<b>EVALUATIONS</b>	<b>DEPARTURES</b>	8.30 to 8.45am
9.00 to 10.30am		<b>OFFICIAL WELCOME</b>  with David Bunyan Associate Dean Marketing & Admissions Venue: Dining Hall  <b>HOUSEKEEPING &amp; TOURS</b>  GROUP PHOTO @ 10.15am	<b>PSYCHOLOGY EXCURSION</b>  <b>LET'S VISIT A HISTORICAL AND HAUNTED MENTAL ASYLUM</b>  J-WARD, Ararat With Dr Maureen Vincent  Meet at Bul paddock at 7.45 am	<b>PRESENTATION</b>  <b>THE UNIVERSITY OF MELBOURNE</b>  Hear from staff and current students about what it is like to student at The University of Melbourne  Venue: Evan Burge Lecture Theatre Meet on the Bul at 8.50am	<b>YLP ACTIVITY</b>  <b>AFL CLINIC</b>  Putting Leadership, Team Work and Communication into Practice  Meet on the Bul at 9.00am wearing runners and sports clothes. Bring your water bottle	<b>WORKSHOP</b>  <b>ANXIETY   Exploring different approaches to treat anxiety disorders</b>  With Dr Rita George 9.00-9.30 Venue: Evan Burge Lecture Theatre	Meet at 9.30am. Bring a pen. Venue: Dining Hall	Week 2 students depart for airport or collected from Trinity	9.00 to 10.30am
10.30 to 11.00am	Early arrivals settle into rooms	<b>BREAK</b>	<i>Need to wear comfortable shoes, and bring warm layered clothing, money to purchase treats, a book or device to entertain yourself on the long journey, and a camera (optional). Remember to go to the bathroom before boarding bus.</i>	<b>BREAK</b>	<b>NO BREAK</b>	<b>MENTOR GROUPS</b>	<b>MENTOR GROUPS</b>	10.30 to 11.00am	
11.00am to 12.30pm		<b>WORKSHOP</b> <b>WELCOME TO THE WORLD OF PSYCHOLOGY: LET'S GET TO KNOW EACH OTHER</b>  With Dr Maureen Vincent Venue: Gourlay Basement		<b>WORKSHOP</b> <b>EXPLORING BODY IMAGE AND EATING DISORDERS</b>  With Dr Rita George Venue: Owl North	<b>PSYCHOLOGY EXCURSION</b> <b>TREES ADVENTURE   Scaling new heights: Are you up for the challenge?</b>  With Dr Rita George  Dress appropriately, with comfortable clothing and runners. No bags or personal belongings permitted. The following secured items are optional: glasses, mobile or camera on a lanyard	<b>YLP EXCURSION</b> <b>MELBOURNE CITY EXPLORATION</b> Meet on the Bul at 11.00am with red t-shirt and comfortable shoes on. Bring your water bottle	11.00am to 12.30pm		
12.30 to 1.30pm		<b>LUNCH</b>		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>PACKED LUNCH</b>	<b>PACKED LUNCH</b>	12.30 to 1.30pm
1.30 to 3.00pm	<b>ACTIVITY FOR EARLY ARRIVALS</b> Meet on the Bul at 1.00pm  <b>OFFICIAL REGISTRATION (Students being dropped off)</b> 2.00 to 3.00pm Venue: Dining Hall	<b>WORKSHOP</b> <b>EXPLORING THE POWER OF THE HUMAN MIND</b>  With Dr Maureen Vincent Venue Owl South	<b>WORKSHOP</b> <b>LIVING WITH DEPRESSION: MY PERSONAL STORY</b>  With Lucas Brearley (Guest Speaker) and Dr Rita George Venue: Owl North	<b>WORKSHOP</b> <b>USING DRAMA AND CREATIVITY TO EXPLORE AND UNDERSTAND THOUGHT PROCESSES</b>  with Scott Sneddon Venue: Owl North & South	<b>PSYCHOLOGY EXCURSION</b> continued	<b>MELBOURNE CITY EXPLORATION</b>  [Continued]	1.30 to 3.00pm		
3.00 to 3.30pm	<b>ICE BREAKERS</b>  Meet on the Bul at 4.00pm	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	Return by 4.30pm	3.00 to 3.30pm	
3.30 to 5.00pm		<b>WORKSHOP</b> <b>NORMALITY VERSUS ABNORMALITY   How to diagnose psychological disorders</b>  With: Dr Maureen Vincent Venue Owl South	<b>PSYCHOLOGY EXCURSION</b> <b>ANXIETY: WALK THE PLANK....IF YOU DARE</b> with Dr Rita George Venue: Gateway 203 then move to VR learning studio University of Melbourne. Debrief in Gateway 203	<b>DRAMA WORKSHOP</b>  Continued	<b>WORKSHOP</b> <b>ANXIETY: Creepy creepy crawlies... Up close and personal</b>  With Raymond & With Dr Rita George Venue: Owl North & South	3.30 to 5.00pm			
5.00 to 5.45pm		<b>MENTOR GROUPS</b> 5.15 to 6.15pm	<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>		<b>FREE TIME</b>	5.00 to 5.45pm
5.45 to 6.30pm	<b>WELCOME DINNER</b> <i>Australian Theme</i>  6.30 to 9.30pm (be seated at 6.25pm) Venue: Dining Hall	<b>DINNER</b>	<b>EARLY DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>GET DRESSED UP</b>	5.45 to 6.30pm	
6.30 to 7.00pm		<b>MENTOR GROUPS</b>	<b>EVENING ACTIVITY</b>	<b>MENTOR GROUPS</b>	<b>MENTOR GROUPS</b>	<b>EVENING ACTIVITY</b>	<b>VALEDICTORY DINNER</b>	6.30 to 7.00pm	
7.00 to 9.00pm		<b>EVENING ACTIVITY</b>  <b>TRIVIA NIGHT</b> Meet in the Dining Hally at 7.30pm	<b>CHOICE ADEVENTURE</b> Staggered departure times. Check with your mentor what time to meet on the Bul with your red t-shirt and comfortable shoes on	<b>EVENING ACTIVITY</b>  <b>INDIGENOUS HIP HOP</b> Meet on the Bul at 7.15pm in sports gear. Bring your drink bottle	<b>EVENING ACTIVITY</b>  <b>MOVIE NIGHT</b> Meet on the Bul at 7.30pm. Bring you water bottle.	<b>EVENING ACTIVITY</b>  <b>KARAOKE</b> Meet in the Dining Hall at 7.30pm	<b>Dress to Celebrate Your Own Culture</b>  6.30 to 9.30pm (be seated at 6.20pm) Venue: Dining Hall	7.00 to 9.00pm	
9.00 to 9.30pm	<b>FREE TIME</b>	<b>MAGIC MOMENTS</b> Venue: Gourlay Basement	<b>MAGIC MOMENTS</b> Venue: Gourlay Basement	<b>MAGIC MOMENTS</b> Venue: Gourlay Basement	<b>MAGIC MOMENTS</b> Venue: Gourlay Basement	<b>MAGIC MOMENTS</b> Venue: Gourlay Basement	<b>AFTER PARTY</b> Venue: Gourlay Basement	9.00 to 9.30pm	
9.30 to 10.30pm		<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>	<b>FREE TIME</b>	9.30 to 10.30pm	
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