



# PSYCHOLOGY

WEEK 1 | 1<sup>ST</sup> TO 8<sup>TH</sup> DECEMBER 2019  
FINAL 26<sup>TH</sup> NOVEMBER 2019

TIME	SUNDAY 1 <sup>ST</sup> DECEMBER	MONDAY 2 <sup>ND</sup> DECEMBER	TUESDAY 3 <sup>RD</sup> DECEMBER	WEDNESDAY 4 <sup>TH</sup> DECEMBER	THURSDAY 5 <sup>TH</sup> DECEMBER	FRIDAY 6 <sup>TH</sup> DECEMBER	SATURDAY 7 <sup>TH</sup> DECEMBER	SUNDAY 8 <sup>TH</sup> DECEMBER	TIME
7.00 to 8.30am	<b>AIRPORT ARRIVALS</b> Breakfast for students who arrive early	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	7.00 to 8.30am
8.30 to 8.45am		ANNOUNCEMENTS	ANNOUNCEMENTS	ANNOUNCEMENTS	ANNOUNCEMENTS	ANNOUNCEMENTS	EVALUATIONS	DEPARTURES	8.30 to 8.45am
9.00 to 10.30am		OFFICIAL WELCOME	YLP EXCURSION	PRESENTATION	WORKSHOP	PSYCHOLOGY EXCURSION	EVALUATIONS	MENTOR GROUPS	9.00 to 10.30am
10.30 to 11.00am	Early arrivals settle into rooms 11.00am to 12.30pm	HOUSEKEEPING & TOURS	ROCK CLIMBING	The University of Melbourne	HEALTHY MIND, HEALTHY BODY   Positive Mental Health	ANXIETY   Scaling New Heights: Are you ready for the Challenge?	MENTOR GROUPS	WEEK 1 students depart for airport or collected from Trinity Week 2 students arrive from airport	9.00 to 10.30am
11.00am to 12.30pm		GROUP PHOTO @ 10.15am	Meet on the Bul @ 9.00am with red top, sports gear & runners on. Must have socks. Bring your water bottle.	Hear from staff and current students about what it is like to student at The University of Melbourne	With Dr Tina Liu	With Dr Maureen Vincent	MENTOR GROUPS		10.30 to 11.00am
12.30 to 1.30pm	LUNCH ACTIVITY FOR EARLY ARRIVALS OFFICIAL REGISTRATION (Students being dropped off)	BREAK	LUNCH	LUNCH	BREAK	Meet on the Bul at 9.00am	10.15 to 10.45am	YLP EXCURSION WEEK 1 STUDENTS STAYING FOR WEEK 2	11.00am to 12.30pm
1.30 to 3.00pm		WORKSHOP	WORKSHOP	WORKSHOP	EXCURSION	Wear comfortable loose active gear and runners. Bring a drink bottle. Camera or mobile phone must be on a lanyard. Hair tied up. No bags permitted.	YLP EXCURSION		12.30 to 1.30pm
3.00 to 3.30pm	Venue: Dining Hall 3.30 to 5.00pm	WELCOME TO PSYCHOLOGY: Let's get to know each other	THE SCIENCE OF PSYCHOLOGY   Understanding Human Behaviour	EXPLORING BODY IMAGE AND EATING DISORDERS	BOUNCE THE BLUES AWAY!	MELBOURNE CITY EXPLORATION	MELBOURNE CITY EXPLORATION Meet on the Bul at 11.00am with red t-shirt and comfortable shoes on. Bring your water bottle	Meet on the Bul at 10.30am with red t-shirt and comfortable shoes on. Bring your water bottle	12.30 to 1.30pm
3.30 to 5.00pm		With Dr Maureen Vincent	With Dr Tina Liu	With Dr Rita George	Venue: Bounce	Meet on the Bul at 11.00am with red t-shirt and comfortable shoes on. Bring your water bottle			YLP EXCURSION (continued)
5.00 to 5.45pm	MENTOR GROUPS 5.15 to 6.15pm	Meet on the Bul at 10.55am	Meet on the Bul at 1.25pm	Meet on the Bul at 1.25pm	Meet on the Bul at 9.15am	Return by 4.30pm	Return by 4.30pm YLP EXCURSION (continued)	Return by 3.45pm BREAK	3.00 to 3.30pm
5.45 to 6.30pm		With Dr Maureen Vincent	With Dr Tina Liu	With Dr Rita George	Meet on the Bul at 9.15am	Return by 4.30pm			3.30 to 5.00pm
6.30 to 7.00pm	WELCOME DINNER Australian Theme 6.30 to 9.30pm (be seated at 6.25pm)	VENUE: GOURLAY BASEMENT	LET'S ESCAPE   Working Together To Crack the Code	LIVING WITH MENTAL ILLNESS   My Story	WALK THE PLANK...IF YOU DARE: A VR Experience	ANXIETY   Up close with creepy crawlies	VALEDICTORY DINNER Dress to Celebrate Your Own Culture 6.30 to 9.30pm (be seated at 6.20pm)	WELCOME DINNER Australian Theme 6.30 to 9.30pm (be seated at 6.25pm)	3.00 to 3.30pm
7.00 to 9.00pm		VENUE: DINING HALL	With Dr Maureen Vincent	With Dr Tina Liu	With Emma Missen and Dr Rita George	With Dr Melissa Ong			With Raymond and Dr Maureen Vincent
9.00 to 9.30pm	FREE TIME 9.30 to 10.30pm	Meet on the Bul at 4.00pm	Meet on the Bul at 3.30pm. Red top, comfortable shoes and drink bottle required	Meet on the Bul at 4.00pm	Meet on the Bul at 7.30pm	Meet on the Bul at 7.30pm	After Party	9.00 to 9.30pm	
9.30 to 10.30pm		FREE TIME	Meet on the Bul at 4.00pm	Meet on the Bul at 3.30pm. Red top, comfortable shoes and drink bottle required	Meet on the Bul at 4.00pm	Meet on the Bul at 7.30pm	Meet on the Bul at 7.30pm	9.30 to 10.30pm	