

Trinity Informal Mentoring Program

About

The Trinity Informal Mentoring Program is an easy way for Trinitarians to support each other through the sharing of professional and personal experience as well as expertise.

It's designed to be flexible, with participants determining the nature, duration and goals of the mentoring relationship themselves. Contact can be made online, by phone or in person and purposes may include the sharing of industry insights, career guidance, help with resume writing and interviewing skills, or even city-specific advice.

FOR MENTORS

You do not have to be in Melbourne in order to participate. Whether you are right down the street or on the other side of the world, we invite you to be part of the Trinity Informal Mentoring Program.

Why be a mentor?

- to pass on your experience as an employer or employee and utilise communication skills and industry knowledge
- for professional skills development
- for reflection and an appreciation of career experiences and progression
- for potential recruitment opportunities
- to build enduring social and professional networks on a global scale
- an opportunity to stay connected and involved in College
- for personal satisfaction

HOW IT WORKS

- 1. Register / Log in to mytrinityconnect.com.au
- 2. Complete / Update your profile by clicking on the 'Me' tab
 - Include professional, academic, and volunteer experience in your 'Summary' section
 - Under the "Willing to help" section, check "Willing to be a mentor"
 - Under the "About Me" section, answer the following: "Why would you like to mentor current students and other alumni? What do you hope to offer as a mentor?"
 - Make sure you click "Update" for each section
- 3. Await mentor request(s) from others in the Trinity community.
- 4. Review mentor requests and confirm details with mentee.

5. Once you've confirmed with a mentee(s), you can choose to update your profile by unchecking "Willing to be a mentor" to turn off your availability. You can turn this back on, when your schedule frees up again.

For questions, please contact <u>careers@trinity.unimelb.edu.au</u>.

A copy of the Informal Mentoring Program Code of Conduct can be found on the Trinity College website.



MENTEES

You have access to an impressive community of alumni who are eager and willing to meet you and share their wisdom and advice about life beyond Trinity.

Why find a mentor?

- for industry insights from alumni
- for support and guidance when making career decisions
- to build your professional and social networks
- to explore potential employment positions
- for emotional support and encouragement goals/dreams/managing transitions
- for advice on how to develop good work/life balance
- to gain access to a role model
- to connect with someone with a similar or different background (eg ethnicity, gender, LGBTQIA etc)

HOW IT WORKS

- 1. Register / Log in to mytrinityconnect.com.au
- 2. Complete / Update your profile by clicking on the 'Me' tab
 - Include academic, volunteer and professional experience in your 'Summary' section
 - Under the "About Me" section, answer the following: "Why are you seeking a mentor? What do you hope to achieve by reaching out to other Trinitarians?"
 - Make sure you click "Update" for each section
- 3. Search for mentors using the 'Directory'. Review profiles.
- 4. Send mentor requests to alumni. Be sure to:
 - Introduce yourself (name, year, course of study) and include any relevant degree, volunteer or work experience
 - Explain what you hope to learn from a mentor and why you feel he/she would be the best fit
 - Include reference(s) and information in the mentor's profile (such as education, job, industry or volunteer experience)
 - Conclude by asking if he/she would be interested in mentoring you as part of the Trinity Informal Mentoring Program and thank him/her for their consideration

Do not request mentorship without including a personalised message

5. Await a response from your mentor.

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